



## Caregiver Support Group Options

### JANUARY 2024

We are excited to meet with you. Some support groups will be offered in person. There will also be a support group offered via zoom.

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**Wednesday, January 10th 1:00 p.m. - 2:30 p.m. (In-Person only)**

Thompson Park Activity Center, 1200 Stassen Lane, West St. Paul

**Share and Support for all Caregivers**

**Wednesday, January 17th 1:00 p.m. - 2:30 p.m. (In-Person only)**

Prince of Peace, 13801 Fairview Dr., Burnsville

**Share and Support for all Caregivers**

**Wednesday, January 24<sup>th</sup> 1:00 p.m. - 2:30 p.m. (In-Person only)**

Prince of Peace, 13801 Fairview Dr., Burnsville

**Share and Support for all Caregivers**

**Wednesday, January 24<sup>th</sup> 6:00 p.m. - 7:00 p.m. (Zoom only)**

**Share and Support for Caregivers of Parents/Grandparents**

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If you want a zoom invitation, contact Vicki Patterson.

Also, Vicki and Robin are available to provide one-on-one caregiving support and resources.

**Vicki Patterson at 651-373-6786**

or

**Robin Forsythe at 651-234-2249**

[Victoria.patterson@darts1.org](mailto:Victoria.patterson@darts1.org)

[Robin.forsythe@darts1.org](mailto:Robin.forsythe@darts1.org)

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