



## Caregiver Support Group Options

### SEPTEMBER 2023

We are excited to meet with you. Some support groups will be offered in person. There will also be a support group offered via zoom.

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**Wednesday, September 13th 1:00 p.m. - 2:30 p.m. (In-Person only)**

Thompson Park Activity Center, 1200 Stassen Lane, West St. Paul

**Share and Support for all Caregivers**

**Wednesday, September 20th 1:00 p.m. - 2:30 p.m. (In-Person only)**

Prince of Peace, 13801 Fairview Dr., Burnsville

**Share and Support for all Caregivers**

**Wednesday, September 27th 1:00 p.m. - 2:30 p.m. (In-Person only)**

Prince of Peace, 13801 Fairview Dr., Burnsville

**Share and Support for all Caregivers**

**Wednesday, September 27th 6:00 p.m. - 7:00 p.m. (Zoom only)**

**Share and Support for Caregivers of Parents/Grandparents**

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If you want a zoom invitation, contact Vicki Patterson.

Also, Vicki and Robin are available to provide one-on-one caregiving support and resources.

**Vicki Patterson at 651-373-6786**

or

**Robin Forsythe at 651-234-2249**

[Victoria.patterson@darts1.org](mailto:Victoria.patterson@darts1.org)

[Robin.forsythe@darts1.org](mailto:Robin.forsythe@darts1.org)

**DARTS Main Number: 651-455-1560**

It is the policy of DARTS to provide services to all persons who meet service eligibility criteria without regard to race, color, national origin, handicap, sexual orientation, or age. The caregiver services you may receive are funded in part by the Metropolitan Area Agency on Aging (MAAA) as part of the Older Americans Act.