

COMMUNITY PRESENTATIONS

INFORMATION ON VARIOUS AGING-RELATED TOPICS



COMMUNITY RESOURCES

Local resources & organizations that can help individuals remain in the home of their choice.



ECONOMIC ASSISTANCE

Learn eligibility requirements & general info. about Medical Assistance, Medicare Savings Program, Food Support, Elderly Waiver, and other ways to help cover the costs of care and home services.



HEALTH CARE DIRECTIVES

Learn how to complete a Health Care Directive to communicate your wishes about life sustaining treatment, such as resuscitation, artificial nutrition, and life support.



LONG-TERM CARE

Explore information about assisted living, nursing homes, and memory care communities, including how to pay for these services.

DARTS

CREATING CONNECTIONS
THAT ENRICH AGING.



MAINTAINING WORK-LIFE BALANCE

Take care of yourself while caring for an aging loved one.



MEDICARE

Information on the medical services covered by Medicare, as well as monthly premiums and cost sharing. Learn the appropriate timeline for enrollment in Medicare, supplemental policies, and drug plans.



MEMORY LOSS

Learn about Alzheimer's and other forms of dementia. Discuss warning signs and treatment options. Special presentation also offered about coping with dementia during the holidays.



SENIOR HOUSING OPTIONS

Overview of housing types and the factors to consider when deciding whether to stay in your home or move.



VITAL CONVERSATIONS

Guidance for the tough but often necessary discussions with your aging loved ones, such as moving to senior living, no longer driving, and more.

It is the policy of DARTS to provide services to all persons who meet service eligibility criteria without regard to race, color, national origin, handicap, sexual orientation, or age. These presentations are funded in part by the Metropolitan Area Agency on Aging (MAAA) as part of the Older Americans Act.

Contact DARTS today: **651-455-1560** or **info@darts1.org**

