

Caregiver Support Group Options



OCTOBER 2020

**DUE TO THE CORONAVIRUS ALL SUPPORT GROUPS ARE NOW
BY ZOOM OR CALL INS!**

Wednesday, October 7th 1:00 p.m. – 2:00 p.m.
Share and Support for all caregivers

Wednesday, October 21st 1:00 p.m. – 2:00 p.m.
Share and Support for All Caregivers

Wednesday, October 28th 1:00 p.m.-2:00 p.m.
Share and Support for Later Caregiving/After Caregiving

Wednesday, October 28th 6:00 p.m.-7:00 p.m.
Share and Support for Caregivers of Parents/Grandparents

**To join a caregiver support group, please call or email Sandy Ostby or Vicki Patterson.
The meeting invitation will then be sent or given to you.**

Also, we are available to provide caregiving support and resources.

**Sandy Ostby at 651-234-2249, sandy.ostby@darts1.org or
Vicki Patterson at 651-234-2255, victoria.patterson@darts1.org**

DARTS main number 651-455-1560