

Dementia Education & Awareness

Free Information Sessions



Host a free information session at your location, presented by local experts in aging.

DARTS is offering hour-long presentations aimed to increase awareness and educate the community about dementia. These presentations focus on:

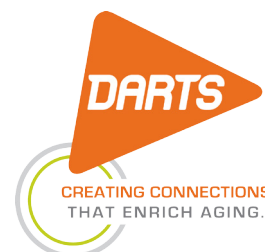
- Recognizing the symptoms of various dementias
- Understanding the numerous disease processes that cause dementia
- Emphasizing the importance of early diagnosis
- Learning brain health tips and exercises
- Providing community resources to help those with dementia and/or their caregivers

Presenter: Linda Walker, DARTS Social Worker

Linda has 40+ years of experience working with the older adult population and was the primary caregiver for her mother, who had Alzheimer's disease.



**If you are interested in scheduling a presentation,
please contact Linda Walker at
651-234-2249 or linda.walker@darts1.org**



This opportunity is supported, in part, by a grant from the Minnesota Board on Aging.