

## DARTS Respite Support Volunteer

### Overview:

Support a family caregiver by spending time with an older adult who has a chronic illness or disability. You'll provide supervision and socialization for the older adult while the caregiver receives a break.

### Service Impact:

Volunteers will be fulfilling DARTS mission by supporting and allowing caregivers a time away from continual care giving.

### Key Responsibilities:

- Provide respite support by visiting and supervising care receiver.
- Provide a stimulating activity if appropriate.
- Stay with care receiver until caregiver or other relief is present.
- Report all changes in care receiver status and concerns about the caregiver to assigned Service Coordinator.
- Participate in DARTS orientation & training, evaluation and on-going communication with Service Coordinator.
- Understand and follow the DARTS Volunteer Guidelines.
- Report monthly volunteer service hours.

### Time Commitment:

- 2 to 4 times a month or on-call
- 4 hours per time
- 6 month minimum commitment

### Qualifications:

- Ability to understand caregiver needs
- Patience and understanding of aging issues
- Good Communication skills

### Supported By:

Assigned Service Coordinator and Volunteer Manager

### Benefits:

- Opportunity to work with professional staff in aging field
- Gain new experience and friendship
- Mileage reimbursement offered for client travel
- Discover self fulfillment and strengthen our community by supporting others.

