

DARTS Independent Living Volunteer Program Assistant

Overview:

ILP program offers services such as; housekeeping, laundry, shopping, escorts, health screening and DARTS bus service. Volunteer will assist over the noon meal with a variety of tasks from setting tables, serving meals and providing socialization for residents living in South St Paul high rise.

Service Impact:

Residents will be provided with meal service and connected socially with community members.

Key Responsibilities:

- Participate in training provided by ILP support staff.
- Assist with set-up, meal serving and clean-up.
- Escort residents if requested to and from their apartment.
- Engage residents in social conversation.
- Communicate with ILP support staff with scheduling and concerns.
- Provide **no hands** personal care or requests.

Time Commitment:

- 6 month minimum commitment
- Approximately 3 hours per shift
- Flexible scheduling Monday through Sunday

Qualifications:

- Patience and understanding of aging issues
- Ability to lift food trays and pour coffee
- Good communication skills

Supported By:

ILP Manager & ILP Aides

Benefits:

- Gain new experience
- Work with caring professionals
- Discover self-fulfillment and strengthen our community by supporting others.

